

**REGION I EMERGENCY MEDICAL SERVICES
STANDING MEDICAL ORDERS
BLS**

SMO: Ricin

Revised Date:

Overview: Ricin is manufactured from the castor bean, and can be formed from the waste products of castor oil production or made in clandestine laboratories. It is thought that ricin works by disrupting protein synthesis at the ribosomal level. Fast growing cells will be most affected initially. It can be inhaled in a powder or mist form, ingested if it is put in a food or water supply, or injected intramuscularly or subcutaneously. Death from ricin poisoning could occur within 26 to 48 hours after exposure. If the patient survives 5 days, they should survive the poisoning.

INFORMATION NEEDED

- ___ History of present illness
- ___ Any patient family members or friends experiencing similar signs and symptoms
- ___ Recent ingestion of foods other than what was prepared at home
- ___ Any recent injections and by whom

OBJECTIVE FINDINGS

- ___ • **Inhalational Exposure: Symptoms occur a few hours after an inhalational exposure, and may include cough, chest tightness, dyspnea, nausea and muscle pain. Severe exposures can develop into pulmonary edema and/or ARDS within 12 to 24 hours.**
- ___ • **Ingestion: Severe gastroenteritis can be seen with ricin toxicity with profound vomiting, severe abdominal pain, cramping and diarrhea. GI bleeding may be noted. Death is from multi-system organ failure.**
- ___ • **Injection: At low doses, intramuscular injection may produce flu-like symptoms, muscle pain, nausea, vomiting, and localized pain and swelling. Injection of a lethal amount of ricin will cause local tissue death, massive gastroenteritis, GI bleeding and multi-system organ failure**

BLS

- ___ Vital signs
- ___ Assess for any evidence of GI bleeding
- ___ Standard isolation techniques to be used by EMS personnel including masks
- ___ Provide a patent airway as necessary if the patient cannot maintain his or her own airway
- ___ Supplemental oxygenation by nasal cannula at 2-6 LPM or by non-rebreather mask at 10-15 LPM
- ___ Depending upon the patient's ability to protect their own airway, BLS mechanical airway procedures and/or suctioning may need to be utilized (oro- or naso-pharyngeal airways or CombiTube)

Documentation of adherence to protocol:

- History of current illness
- Oxygen provided
- Isolation techniques taken by EMS personnel
- Airway maintenance

Medical Control Contact Criteria

- Contact Medical Control if there is any suspicion that the patient may have been exposed to ricin

PRECAUTIONS AND COMMENTS

There is no specific treatment for ricin poisoning. The cornerstone of treatment is basic supportive care including fluids management of gastroenteritis and airway/pulmonary management for treatment of inhalational exposure.

**REGION I EMERGENCY MEDICAL SERVICES
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ALS**

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INFORMATION NEEDED

- History of present illness
- Any patient family members or friends experiencing similar signs and symptoms
- Recent ingestion of foods other than what was prepared at home
- Any recent injections and by whom

OBJECTIVE FINDINGS

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ALS

- Vital signs
- Assess for any evidence of GI bleeding
- Standard isolation techniques to be used by EMS personnel including masks
- Provide a patent airway as necessary if the patient cannot maintain his or her own airway
- Supplemental oxygenation by nasal cannula at 2-6 LPM or by non-rebreather mask at 10-15 LPM
- IV of N.S. if the signs and symptoms of dehydration are apparent
- Depending upon the patient's ability to protect their own airway, suctioning, and ALS mechanical airway adjuncts may have to be utilized (CombiTube, intubation)
- Pressor support with Dopamine may be needed for patients with hypotension

Documentation of adherence to protocol:

- History of current illness
- Oxygen provided
- Isolation techniques taken by EMS personnel
- Airway maintenance
- IV initiated

Medical Control Contact Criteria

- Contact Medical Control if there is any suspicion that the patient may have been exposed to ricin
- Contact Medical Control prior to initiation of IV fluid
- Contact Medical Control prior to administration of any pressor

PRECAUTIONS AND COMMENTS

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